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HPE Update March 2023

#HPEKIND

Dates to Remember

- March 15 Golden Knights PTA Meeting @ GWF 4:00pm
- March 17 Superintendent's Conference Day- No School
- March 23 3rd Grade Concert
- April 5 & 6 11:00am Dismissal Parent/Teacher Conferences
- April 7-14 Spring Recess

◀ Feb 2023		March 2023					▶ Apr 2023
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1 DAY 2	2 DAY 3	3 DAY 4	4	
5	6 DAY 5 PARP Begins!! An additional schedule will be sent with your child on Friday 3/3.	7 DAY 6	8 DAY 1	9 DAY 2	10 DAY 3	11	
12	13 DAY 4	14 DAY 5	15 DAY 6	16 DAY 1 Spirit Day - Camouflage Day	17 NO School Superintendent's Conference Day	18	
19	20 DAY 2	21 DAY 3	22 DAY 4	23 DAY 5 Grade 3 Concert, 1:15 pm at the HS Auditorium	24 DAY 6	25	
26	27 DAY 1	28 DAY 2	29 DAY 3	30 DAY 4	31 DAY 5		

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The front parking lot will be closed to cars, to allow buses in and out between: 8:00-9:00 and 2:45-3:30. During this time, please park in the lot by the gym entrance and walk to the front entrance.

If a parent needs to enter the building, they must always enter using the front entrance.

“Positivity Project” traits we have been introduced to in the month of February are:

Cheering for Others’ Successes

Love

Humility



BOCES Monthly S.T.A.R. Program for Citizenship- The month of February covered Mindfulness and Empathy.

Contacts

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Contact the nurse with any attendance or absence questions or information

STAR CITIZEN

Stand Together Act Responsibly - February 2023



Practicing Empathy and Mindfulness

Monthly assemblies, presented by the OHM BOCES Safety Services DASA Team, work to help students understand their role as responsible citizens in school and in their communities.

Practicing Empathy

Empathize with your child and model empathy for others.

Children learn empathy both from watching us and from experiencing our empathy for them. When we empathize with our children they develop trusting, secure attachments with us. Those attachments are key to their wanting to adopt our values and to model our behavior, and therefore to building their empathy for others.

Empathizing with our children takes many forms, including tuning in to their physical and emotional needs, understanding and respecting their individual personalities, taking a genuine interest in their lives, and guiding them toward activities that reflect an understanding of the kind of people they are and the things they enjoy.

Children also can learn how to practice empathy by watching how we role model being empathetic. They'll notice if we treat a server in a restaurant or a mail carrier as if they're invisible, without showing empathy toward them or the work they do. On the other hand, they'll notice if we role model empathy through our actions such as welcoming a new family in your child's school or expressing concern about someone who is experiencing one challenge or another.

It's important for us to recognize what might be getting in the way of being able to empathize with someone. Understanding how we are feeling may be a barrier to practicing empathy. For example, are we exhausted or stressed? Have we had a bad day? Does someone push our buttons in ways that makes caring for them hard at times?

Understanding our emotions and being able to express them in productive ways, such as asking for help when we need it, may not only strengthen our own empathy but help someone understand how

empathy is a tool we can use everyday, to help someone in need and in return, strengthen our relationship with them.

Understanding Mindfulness



MORE PATIENCE

In our lightning-fast instant gratification culture, it's easy to get distracted. Mindfulness teaches us to practice patience so it comes more naturally to us when we need it.



BETTER FOCUS & PRODUCTIVITY

It's tempting to get caught up in social media, interruptions, and unhelpful thoughts. Mindfulness helps us recognize distracting thoughts or impulses and let them pass without indulging them.



INCREASED COMPASSION

Mindfulness broadens compassion for ourselves and others by helping us suspend self-judgment and bring out attention back to the present moment



HEIGHTENED BODY AWARENESS

We tend to lose awareness of what our body is feeling when we get too easy or distracted. With mindful awareness, we can listen to our bodies and react in healthier, purposeful ways.

Benefits to Mindfulness

- Heightens your level of awareness
- Allows you to experience the present moment
- Allows you to experience calmness and peacefulness
- Allows you to be in harmony with your being
- Increases self-awareness
- Allows for self-development
- Increases concentration and focus
- Regulates and creates balance in emotions
- Relaxes the mind and body
- Reduces stress
- Lowers blood pressure

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PTA News

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Upcoming PTA Dates to
Remember:

3/10 - Winterfest & Bookfair

3/11- Krispy Kreme Pick Up

3/20-3/24- HPE Book Fair

4/19- PTA Meeting @ GWF

The Golden Knights PTA Spiritwear Sale is now open! The Golden Knights PTA has partnered once again with Dolce Vita Designs, a local business, to bring you some wonderful items. Please visit www.DolceVita-Designs.com/HPKnights to view products and place your order.

*All orders will be placed ONLINE only.

*At checkout, you can choose the option to have your order shipped directly to you for a small flat rate fee or choose local pickup.

*The sale runs through the remainder of the school year.

Any questions regarding this sale, please contact PTA President, Kristin Roberts at kroberts@hpschools.org.

As always, thank you for supporting the Golden Knights PTA!

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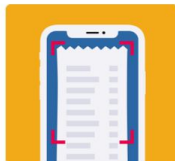
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Grade 3 News

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Third graders at HPE finished reading *Because of Winn Dixie* over the course of their character studies unit. They focused on getting to know a character by looking at what a character says and does in order to get to know them like a friend. They studied character traits, character change, as well as lessons learned, while backing all of these ideas up with evidence from the story. One of the secondary character in the book, Gloria Dump, teaches the main character, Opal, that, "Everyone makes mistakes. The important thing is to learn from them." Gloria reflects on her mistakes by looking at the bottles she has hung from a tree in her backyard. Each time the wind blows and the bottles clang together, she remembers her mistakes and what she's learned from them.

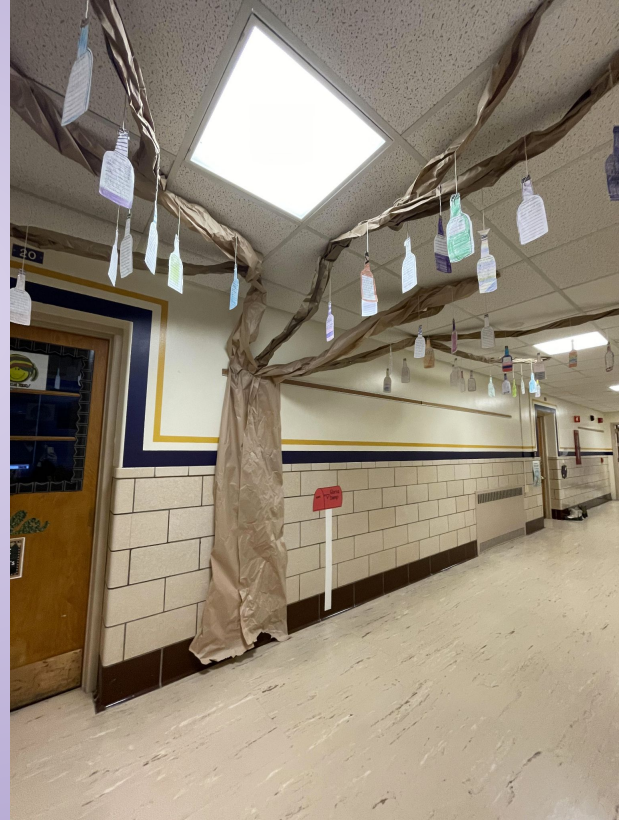
Third graders took this powerful lesson and made their own tree! Each student wrote a mistake they made on one side of a bottle, then reflected on what they learned from that mistake on the other side of the bottle. The bottles were hung from the tree and each time a person or a class walked by, the bottles spun around and bumped each other, similar to how Gloria's bottles did!



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Grade 3 News

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Grade 4 News

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February has been a busy, quick, learning filled month here in 4th grade! Valentine's Day brought some much needed fun. Our classes that day were centered around Math and reading Valentine's centers! Students worked to solve word problems, create robots, multiply numbers to color in messages, practiced fractions, and read Valentine's Day stories. Students also spent some time during the day making cards for people in nursing homes. It was amazing to see how kind hearted our students are and how they share their inspiration with others

Students also spent February learning about themes in fiction stories. They worked independently and in groups to identify themes, motivations, obstacles, and character change in their stories. To show how hard they worked during the unit and share all that they learned, students created a "one-pager". This activity puts all of their findings on one page to create a poster type display. Students were given criteria they needed to include and they could design their page however they wanted! It has been so much fun to see students excited to share their work and be able to express themselves creatively! Feel free to ask your student about themes, we are experts on making connections between texts now!



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Grade 4 News

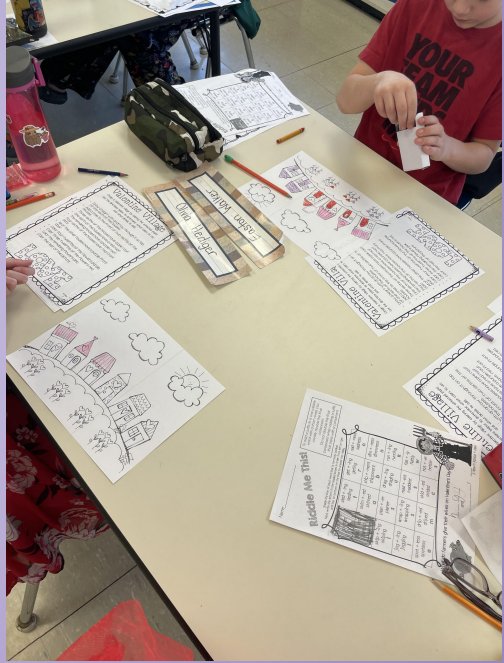
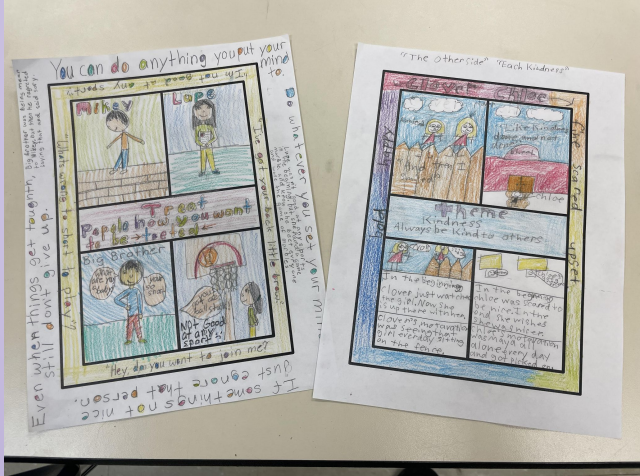
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Grade 4 News

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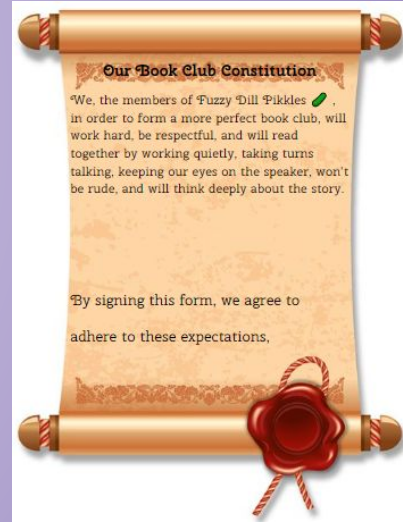
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Grade 5 News

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It's been a short, but busy month in fifth grade! Book clubs are in full swing, our math recipe projects are complete and kindness has been spread!

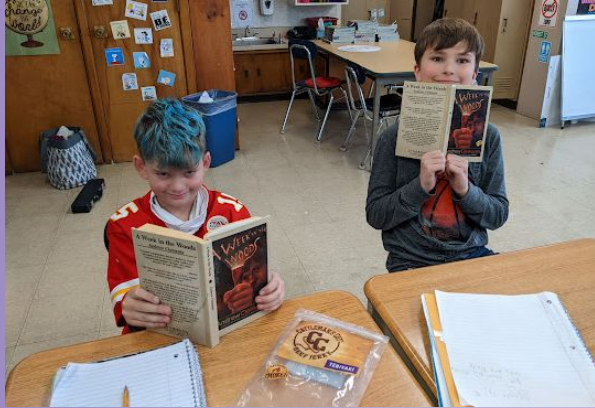
In reading workshop, Book Clubs are under way and the kids love sharing a common book with their peers! First, the students took time to read through and choose a book that is "just right" for their club. We all know "you can't judge a book by its cover," so the kids read the back of the book, a few pages at the beginning and some even read a Scholastic short read of their story before making the final decision. Then the kids discussed a plan for making their book club successful and wrote a Book Club Constitution to go along with their discussion. They came up with creative names to make launching this new bend in reading more fun! Fuzzy Dill Pickles, The 3 Doritos, Book Worms, Freedom Readers, Fun Wobbley Group and Turtle Titans are just a few of the names the kids decided upon. After those *major decisions* were made, the kids began reading their books. They have been responding to "thought prompts" and discussing their ideas related to daily reading. Students are also "writing long" as a way to grow and develop their ideas.





Grade 5 News

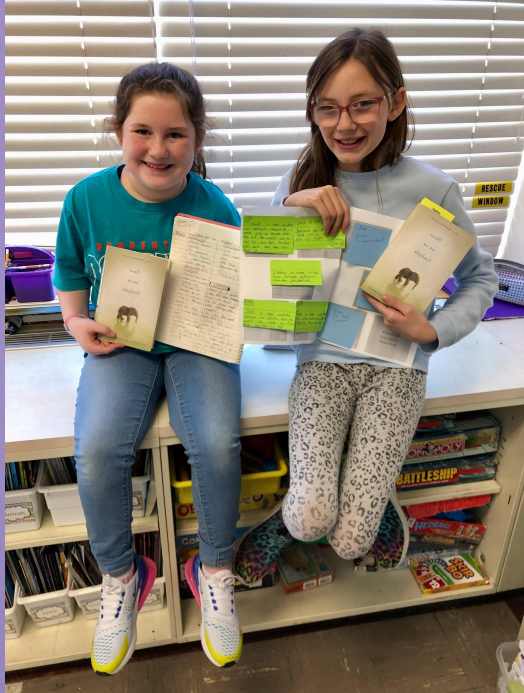
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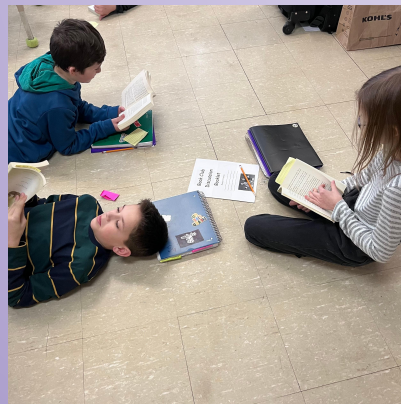
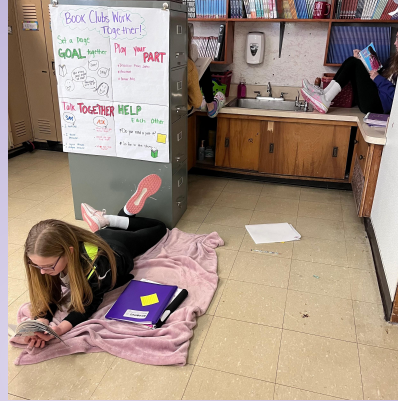
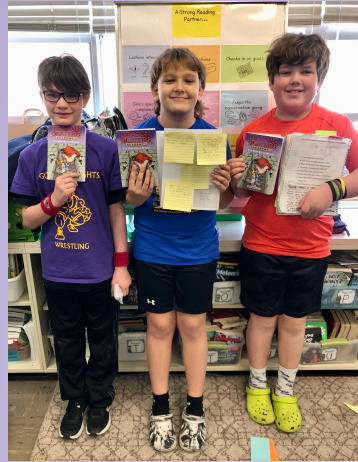
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In math, the recipe projects were a great way to culminate our unit on adding and subtracting fractions! The end result may have looked different for each class, but overall the projects provided a wonderful opportunity for the students to apply math to the real world. Posters were made that showcased the ingredients and related fractions. Then the kids added the ingredients by renaming each fraction with a common denominator. Mrs. Dousharm (Mrs. Stockhauser's student teacher) took a vote and cooked one of the recipes for the entire class! In other classes the students presented their recipes as though they were on a cooking show and a few students brought in their food to share!



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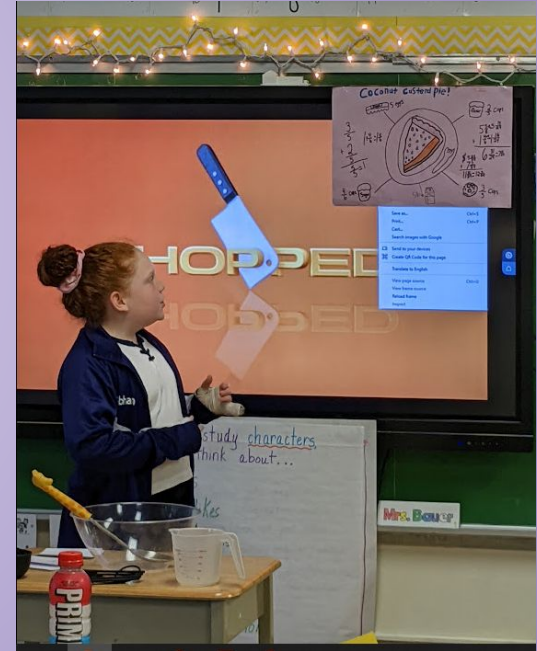
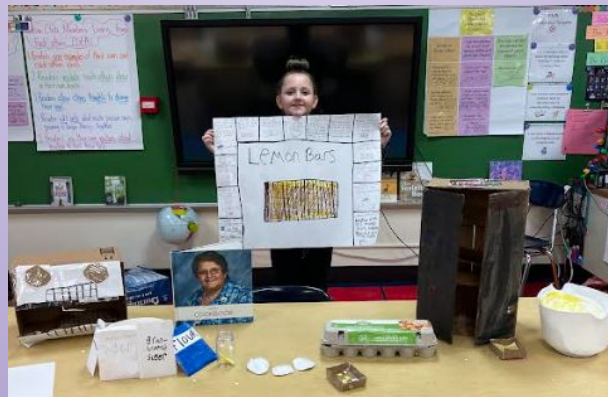
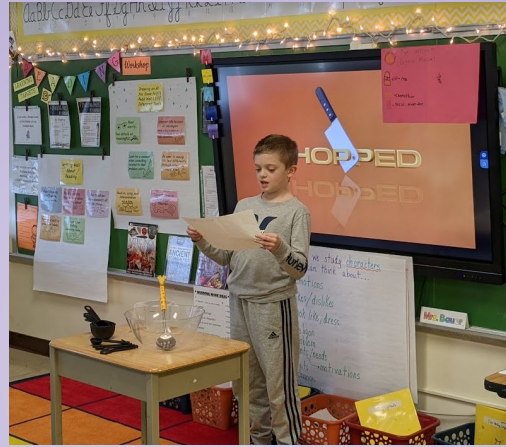
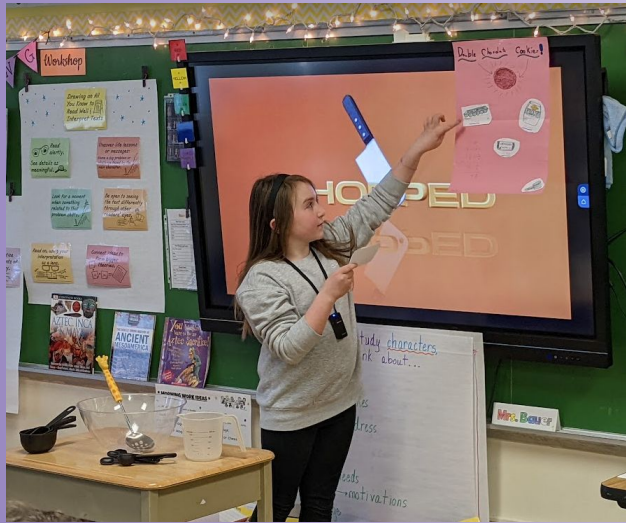
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Although we encourage kindness to be shown every single day, it was in full force right around Valentine's Day. The students wrote "Posi-Notes" for each other which were compliments or other words of kindness typed in a Google Slides document. Students wrote a compliment for every classmate, something simple and sincere to warm their friends hearts. What a special way to welcome our winter break. 😊💕



February Posi-Notes

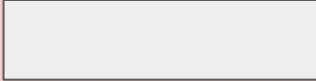


Let's be Kind!

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Grade 5 News

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You are kind.-Lucas	I LOVE HOW YOU DRESS! -Abbi
You are smart./Caleb	You are nice to everybody-Kain
You are beautiful-candace	You`er Great friend and kind to people-zeke
You have a beautiful smile.-Kaisha	you are nice-conner
Your a great friend to people.-Jalayna	You are Beautiful-Emily
Your really smart-Aidan	You're a good friend-Stella
You're very helpful.Kadence	your sweet-Rennady
YOU ARE BEAUTIFUL-Abbi	You are cool.-gary
You are so sweet and helpful! -Norah	
You are good at math- Alex	



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SPECIALS

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We are excited to announce that Holland Patent Elementary School has started a new ukulele program for our students.

The ukulele is a small, four-stringed instrument that is easy to play and has become increasingly popular in recent years. It is a great way for students to develop their musical skills and creativity.

The program is open to all students in grades 4-5 and is being taught by our music teacher, Ms. Kelly. Students have been learning the basics of playing the ukulele, including tuning, chord progressions, strumming techniques, and how to read music. The program is designed to be a fun and engaging way for students to learn music, and develop their musical abilities.

Not only have students been developing their musicianship, but they are also experiencing the many social and emotional benefits that come with playing music. Studies have shown that learning music can boost self-esteem, improve memory and concentration, and provide a sense of community and belonging. Making music is also a great way to relieve stress and improve overall well-being.

The ukulele program is just one example of our commitment to providing a well-rounded education for our students. We are thrilled to see our students already engaging in this new program with enthusiasm and dedication. It is truly rewarding to see them progress and grow as musicians.

We hope that our ukulele program will continue to grow and inspire our students for years to come!

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SPECIALS

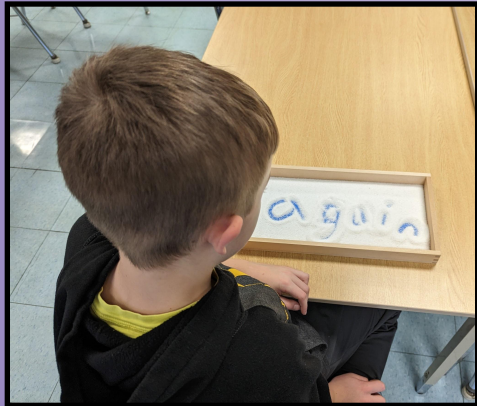
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Reading and Math

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Students in RTI Reading have been practicing their phonics skills in a variety of hands-on and collaborative activities.

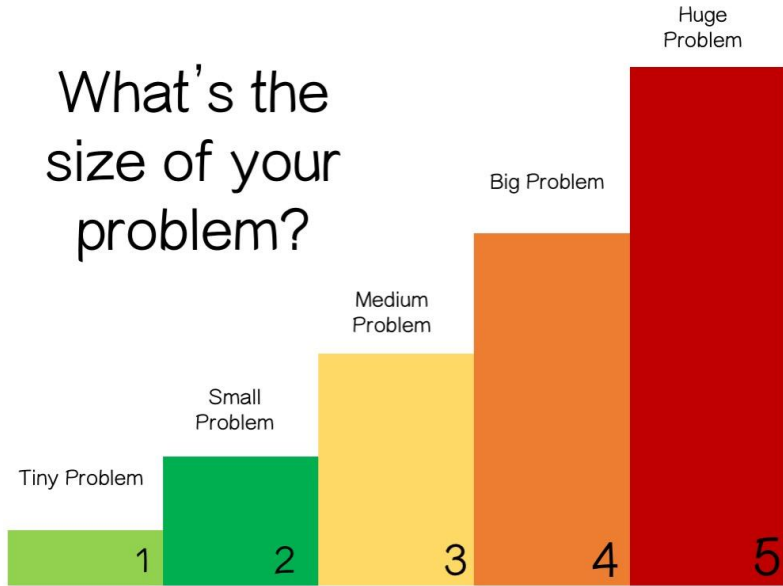


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Social Emotional Learning

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What's the size of your problem?



The topic of this month's SEL lesson is "Size of the Problem." We are working on identifying what situations are considered a tiny, small, medium, big, or huge problem.

And not only should we identify what size the problem is, but we also should match the size of our reaction to the size of the problem.

For example, safety issue = huge problem. Your reaction should be to take it seriously because it is serious! But, we shouldn't have huge reactions to small problems.